

# Year 9 Career Education Factsheet



**HENLEY  
HIGH SCHOOL**



## Discover

Students learn the value of having a positive self-image by building relationships and setting goals. They also gain skills to handle different social situations confidently and explore how their motivations change over time, while developing resilience to face life's challenges.

- ✔ Practice in analysing and evaluating career information from various sources.
- ✔ Discussions on economic and social trends and their impact on career opportunities.

Through these activities, students gain insights into the importance of continuous learning, develop critical thinking skills, and understand the broader context of work within society.

## Personal management

Exploring self-concept, positive relationships, evolving aspirations, and managing wellbeing and perseverance in career contexts.

- ✔ Completion of the Your Career Journey survey.
- ✔ Engagement in activities promoting positive interactions, self-reflection, and resilience building.
- ✔ Participation in discussions and exercises focusing on personal growth and mental health awareness.

By participating in these activities, students develop a stronger sense of self, improved interpersonal skills, and resilience to overcome obstacles.

## Learning and work exploration

Mastering the integration of lifelong learning to bolster career aspirations, efficiently navigating career information, and grasping the interconnectedness of work, society, and the economy.

- ✔ Interactive sessions on lifelong learning, curiosity, and career exploration.

## Career building

Students develop practical skills for employment, refine decision-making through others' career paths, balance personal and professional responsibilities, and initiate their career journey by networking with institutions and professionals.

- ✔ Workshops on resume writing, job applications, and interview preparation.
- ✔ Case studies and discussions on career decision-making and work-life balance.
- ✔ Opportunities to interact with industry professionals and explore different career paths.

Through these activities, students acquire practical skills, gain insights into career decision-making, and develop strategies for managing their career journey effectively.

## More information

For more information about Career Education at Henley High School, please visit our website.