

Year 10 Career Education Factsheet



**HENLEY
HIGH SCHOOL**



Decide

Students develop practical skills for employment, refine decision-making through others' career paths, balance personal and professional responsibilities, and initiate their career journey by networking with institutions and professionals.

Personal management

Understanding the significance of a positive self-concept and its influence on educational and career goals.

- ✓ Develop strategies to build and maintain a positive self-concept.
- ✓ Explore the impact of positive relationships on expanding career and life opportunities.
- ✓ Apply coping strategies to navigate life and career decision-making amidst changes.
- ✓ Prioritise strategies for physical and mental health to thrive in desired work and life futures.

Through these activities, students develop resilience, self-awareness, and emotional intelligence, essential for personal and career success.

Learning and work exploration

Exercising agency in making learning choices and critically analysing career information.

- ✓ Make informed choices about learning, identifying personal strengths and challenges for future career pathways.
- ✓ Analyse various sources to gain a comprehensive understanding of potential career pathways.

- ✓ Engage in entrepreneurial ventures to comprehend the interconnectedness of work, society, and the economy.
- ✓ Investigate real-world ethical challenges and contribute to discussions for positive change.

By engaging in these activities, students enhance critical thinking, increased self-awareness, and a greater understanding of the interconnectedness between work, society, and the economy, fostering proactive engagement in addressing ethical challenges and promoting positive change.

Career building

Present personal qualities and resources to secure and maintain work opportunities.

- ✓ Present personal qualities and resources to secure and maintain work opportunities.
- ✓ Gain insights into future pathways through discussions with professionals from diverse contexts.
- ✓ Develop strategies to manage competing life priorities effectively.
- ✓ Outline potential learning and experiences to chart clear career pathways through a career-building plan.

By participating in these initiatives, students acquire essential skills, make informed decisions, and develop strategies for managing their career journey effectively.

More information

For more information about Career Education at Henley High School, please visit our website.