# HENLEY HIGH CANTEEN MENU

From Jan 28th, 2014.

## Healthy Options

**Sandwiches incl. 3 fillings**

- **Ham** 4.00
- **Beef** 4.00
- **Cheese** 4.00
- **Chicken** 4.00
- **Roast Beef** 4.00
- **Tuna** 4.00
- **Egg** 4.00
- **Curried Egg** 4.00
- **Vegemite** 3.00

**Wraps,** 6.00

**Small Rolls** 4.00

**Medium Rolls** 5.00

**Double Cut Rolls** 6.00

**Turkish Bread** 6.00

**Fillings:** Beetroot, Tomato, Lettuce, Cucumber, Carrot, Avocado, Pickles, Mustard, Chutney.

**Salad Packs** *(All include a bottle of water)*

- **Sml-** 3.00  **Lge-** 5.00

**Garden Salad**

**Vegetarian or Meat**

**Special of the week**

**Choice of 2**

- **Seasonal Fruit** 3.00
- **Sushi packs**
- **Veg, Tuna and California** 5.00

**Fresh Fruit** from 2.00

**Fruit Juice** from 1.50

**Water** from 2.50

**Milk**

- Plain Skim 600ml 2.50
- Flavoured 375ml 3.00
- Flavoured 600ml 4.00

**Yoghurt/ Le Rice** from 2.50

## Select Carefully

**Pastries**

- Sausage Rolls from 3.50
- **Pies chicken/meat** 3.50
- **Pies curry, potato, term 2/3** 3.50
- Pasties incl. vegetarian 3.50
- Balfours Snag Bag 4.00

**Breads**

- Chicken Rolls 4.50
- Chilli Tender Rolls incl. sauce 5.50
- Chilli Tender Rolls (small) 4.00
- Hot Dogs w/sauce 4.00
- Focaccia 3.50
- Pizza Subs 3.00
- Beef Burger (cheese & sauce) 4.50
- Chicken Burger (cheese & mayo) 4.50

**Fast Foods**

- Pizza 3.50
- Chiko Rolls 3.00
- Lasagne/ Spaghetti and meatball packs (term 2&3) 3.50
- Noodle Cups 2.50
- Chicken Wing Dings (spicy/plain) 3.50

**Cakes**

- Finger Bun 2.50
- Buttered 3.00
- Scroll 2.50
- Muffins assort. flavours 2.50/3.50

**Ice creams**

- Streets range various prices

## Crisps

- Red Rock variety packs 2.50

## Varied Menu *(selected days)*

- Toasted Sandwiches
- Garlic Bread
- Hash Browns
- Dippy Dogs
- Nachos
- Wedges
- Goujons in a cup
- Chicken Bites Spicy
- Spudsters